

Which hair loss type best describes your situation?

Use this chart if you have noticed hair loss or if you think your hair is thinner than it used to be.

Hair loss noticeable on the top of the head



More scalp visible, partings look wider and hair loss extending from the front hairline across the top of the head. Referred to as genetic/androgen-dependent (androgenetic) alopecia or female baldness.

SEEK MEDICAL ADVICE FOR TREATMENT

Patchy hair loss



Distinct bald patches which develop on areas of the scalp. Most common cause is alopecia areata.

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Thinner hair all over



Diffuse hair loss across the scalp, with shorter hairs at the hairline, but not patchy. Thinner ponytails, more hair is left in brushes/sink. Known as Chronic Telogen Effluvium (CTE).

Try NutriHair®



More hair loss in the sink or brush



Increased hair shedding (more hair in brush/sink) although unnoticeable to others. Likely to be the early stages of Chronic Telogen Effluvium (CTE).

Have you changed the frequency of washing your hair?

YES

Washing your hair less often will temporarily increase hair shedding. Try shampooing daily.

NO

Have you coloured and/or permed your hair recently?

YES

Colouring, perming or straightening hair may cause hair loss due to breakage. NutriHair® cannot help this problem.

NO

Have you recently had a baby?

YES

Hair loss can be caused by pregnancy itself. This problem normally corrects itself without intervention. However, if your hair loss is no better after 6 months from the birth, use NutriHair® as a treatment.

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